



Read Luke 8:22–39 aloud as a group. If preferred, have several people take turns reading.

1. What did you visualize as you read or heard the passage? What stood out to you most?
2. Share a time in your life when an unexpected turn of events occurred (job loss, medical report, sudden death or relationship shift, etc.). How did you respond?
3. Were you prone to blame? Feel guilty? Try to fix the storm? Move quickly to a result?
4. How easy or difficult do you find it to go immediately to Jesus for help, as the disciples did? What gets in your way?
5. Which of Jason’s suggestions about responding to a storm (surrender, own your storm, steer toward the other side) do you sense is your next step toward growing in your faith? Share why.

